

# Frustrated magnetism vs. glassiness

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Frustrated magnets are systems in which the interactions in combination with the lattice structure impede the spins to order in an optimal configuration at zero temperature. Spin glasses are materials with random exchange interactions that induce frustration but also disorder. In this talk I will review some salient features of these two families of magnets, and I will focus on the main similarities and differences that have been identified so far in experimental, numerical and analytic studies.